# Supporting councils to increase independence and reduce costs

Bringing medication management into the 21st Century

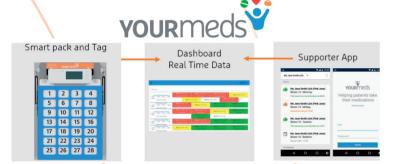


## Stoke-on-Trent

# Bridging the gap between health and social care

Medication management in the community sits firmly between health and social care.

YOURmeds offers an easy technological solution to support medication adherence in the community.





**150** 

Users commissioned



#### ASC TEAMS

Referrals received from

- Wellbeing
- Learning Disabilities
- Occupational Therapists
- Enablement



4 X ROI

through reduction in care



1,911

care hours saved every year across 20 people

#### **CHALLENGES**



Stoke-on-Trent Council were looking for a disruptive medication management solution that could reconfigure how care packages are put together and would be supported by local pharmacies in the community.

#### SOLUTION



YOURmeds is a smart medication management system that helps people take medication at the right time with support from their network of family and friends. Medication packs are filled and dispensed bv pharmacies. The real time data captured provides Councils with evidence to support commissioning care packages. The YOURmeds supporter app uses the "free" social capital around a user to increase adherence and reduce the carer burden on the primary carer.

#### **BENEFITS**



#### Uses data to tailor care packages

1

YOURmeds dashboard allows health and care professionals to download adherence charts providing evidence to support care packages

Increases independence and wellbeing of service users

2

Improving adherence supports people with long term conditions to improve their health and wellbeing. Users don't have to wait for carers to attend giving them greater freedom and flexibility around their daily activities

### Peace of mind for carers and supporters



Through the YOURmeds supporter app loved ones are supported to take their medicines on time in a non-intrusive way



Darren is 56 years old and lives at home on his own. He has a cognitive impairment and associated mental health needs. He mismanaged his medication resulting in unelected admission to Harplands Hospital. His daughter, Chloe, had to visit him four times a day to support with medication which negatively impacted her daily life and role as a primary carer. Darren was also keen to become more independent.

Since using YOURmeds, Chloe as the primary supporter, can check that her dad has taken the right medication at the right time through the YOURmeds supporter app installed on her phone. Darren is more independent and takes his medication pack with him if he wants to go out.

364 care hours saved every year Cash savings £6,599 Return on Investment 9.7X

Sarah aged 60, is single and lives alone. Her supporters are a daughter and the Stoke on Trent Telecare response team. Before using YOURmeds, Sarah needed 3 care calls a day and her care package included meals, medication, personal care, dressing, continence care and maintaining her home. There were issues with the care agency giving notice so the care calls had been stopped.

Initially the user was very reluctant to use the YOURmeds system and found fault with everything including the size of the product and the sounds it makes. Through perseverance of the social workers Sarah is now managing her medication independently. This has resulted in the individual managing their own personal care and the Council provided additional targeted services that did not require physical care calls. The Council was able to disrupt the traditional care package model by enabling Sarah to become more independent, resulting in a better outcome for both Sarah and social services.

364 care hours saved every year Cash savings £6,599 Return on Investment 9.7X



Irene is 86 years old, she lives with her husband who has advanced dementia. In Oct 21, Irene suffered a fall that resulted in surgery, her memory has declined since undergoing the general anaesthetic. Family members started getting concerned about her taking her medication correctly.

In February 2022 Irene started to receive her medication in the YOURmeds system. Family members report knowing that Irene has taken her medication correctly gives them peace of mind and one less thing to worry about

182 care hours saved every year Cash savings £2,959 Return on Investment 4.3X

