

The Happiness Programme

A first-of-its-kind initiative helping to change the lives of people living with cognitive challenges, using interactive light technology to provide meaningful activities for people in care settings.

Included as part of the Happiness Programme:

- ✓ Structured & Guided Training
- ✓ Tailored Reporting
- ✓ Unlimited Service Support
- ✓ Interactive Light Projector

The technology:

- Lightweight for easy portability
- 360 projection on any surface
- Over 100 games, with new games being added regularly
- Personalisation options



Benefits:

- Improved cognitive, social and physical wellbeing
- Reduced falls & PRN medication use
- Improved nutrition & hydration

To [find out more](#)





at Sheffield City Council

From July to September 2021, Sheffield City Council, in collaboration with Social-Ability, provided a pilot of the Happiness Programme for 8 care services in the Sheffield area. Below is a snapshot of performance and outcomes over that 3 month period, with data collected from the 8 care venues.



100% of services observed improvements in social wellbeing



100% of services observed improvements in cognitive wellbeing



83% of services observed improvements in physical wellbeing



83% of services observed improvements in levels of anxiety, aggression or agitation



17% of services observed a reduction in the use of anti-psychotic medication

Average Recommendation Score:



As a result of the success we have partnered with the council since and work with AGE UK Sheffield, Carewatch and 5 new care homes have recently joined the Happiness Programme, funded by Sheffield City Council:

- The Meadows
- Silver Healthcare
- Mickley Hall
- Dimensions
- The Fields

Improvements to Care Outcomes Reported by Happiness Programme Subscribers

98%Improvement to
Social Wellbeing**89%**Improvement to
Cognitive
Wellbeing**98%**Improvement to
Physical
Wellbeing**73%**Reduction in
Distress**1 in 5**

Reduced PRN use

1 in 6

Reduced Falls

1 in 5Improved Nutrition
& Hydration

“Working with social-ability on the Happiness Programme Pilot has been inspirational, with all team members having a real and unwavering commitment to improving the quality of life for people with dementia and learning disabilities. A collaborative commitment to continually improving the product has seen changes informed by the Sheffield team on the ground, which are making a positive difference to the service experience. The stories of difference from our frontline workers delivering the sessions has reduced the group to tears, with the Happiness Programme giving us the capability to connect and engage with people who were previously out of reach.”

- Paul Higginbottom,
Strategic Commissioning
Manager

Hear more feedback & an overview of the collaboration here:

